

Date: _____

Dear Parents/Guardians:

On _____, and _____, the students of _____ will be participating in the Lakehead Public Schools Wrestling Meet. This event will take place at _____. Buses will arrive at the school at _____ and return at _____. **Students will have to arrange transportation home from the school as buses will not return in time for dismissal.**

Rain dates: _____ and _____

All participants are reminded that the following clothing/footwear is appropriate for this event:

- shorts and snug fitting shirt or wrestling singlet; wrestling shoes or appropriate footwear with no sharp edges
- no sweat pants, hats, watches, rings, jewelry
- students MUST come dressed to compete - except for footwear. Locker rooms are off limits.

All participants are reminded to bring the following:

- plenty of fluids, snacks and a nutritious lunch
- a suitable bag/pack to store belongings

All participants are reminded of the following:

- no gum or sunflower seeds are allowed at floor level
- no peanut/nut products
- students are to wear school athletic attire at all times
- students must be under the direct supervision of an adult at all times
- students are not allowed to leave the venue without authorization of their coach

All coaches, students and spectators are reminded of the following:

- as a Lakehead Public Schools event - all venues are smoke free
- on site convenors have the authority to remove any individual(s) whose conduct is deemed inappropriate
- all competitions emphasize participation, respect, co-operation and fair play
- scheduled bout times are approximate
- all spectators, coaches and student-athletes must remain in the stands (no standing mat-side) with the exception of those student-athletes whose bout numbers have been posted (they may be seated around the mats)

All coaches, students and spectators are reminded that at the Fort William Gardens:

- concessions will be available
- parking restrictions and charges will apply to all those in attendance

Please complete the ATTACHED/FORM BELOW and return it to the school no later than _____.

Thank you,

-----DETACH HERE-----

Dear PARENT and/or GUARDIAN;

Your son/daughter _____ will be competing in the Lakehead Public Schools Track and Field Meet on _____ and _____. I hereby give my consent for _____ to participate.

Signed: _____
PARENT'S SIGNATURE.

****Education activity program such as field trips involve some element of risk. Accidents may occur when participating in these activities without any fault on either the part of the student or Lakehead Public Schools, its employees or agents, or the facility where the activity is taking place. By choosing to participate, you are assuming the risk of an accident occurring. However, following instructions at all times while engaged in the activity can reduce the chance of an accident occurring. If you choose to participate in the field trip outlined above, you must understand that you bear the responsibility for any accident that might occur. Lakehead Public Schools does not provide any accident insurance on behalf of the students participating in activities of this nature.**

